

# Insulindependence Chicago Weekend |

Previously hosted by the Diabetes Exercise and Sports Association (DESA)

## Symposium | Social Event | Chicago Triathlon

### **Maximizing Sports and Exercise Performance While Managing Diabetes Symposium**

Saturday, August 25, 2012

Rush Hospital from 8:00 a.m. – 2:30 p.m.

### **Rosebud Restaurant Social/Networking Event**

3:30 p.m. – 6:00 p.m.

Network and socialize with all of the friends you met at the symposium.

Meal provided.

### **Chicago Triathlon** experiential opportunity on Sunday.

Use those new ideas on the race course the next day as you swim, bike, and run to better diabetes management.

Support Insulindependence's Junior Captain youth outreach programs by choosing to be an official fundraiser for this event. All fundraisers will receive free entry into all Chicago Weekend events, an Insulindependence T-shirt, and racing top. Tickets for individual events are available for purchase for those who do not choose to fundraise.

For more information and registration visit; **[bit.ly/INChicago](http://bit.ly/INChicago)**

With questions please contact Brennan at:  
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